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# Alberta's flood: Then and now

Join Metro for a five-day look back at the impact of last June's historic flood. Just how far have we come? SEE STORY ON PAGE 6

Floodwaters cover the intersection of Macleod Trail and 9 Avenue in June 2013, while traffic flows and pedestrians enjoy a sunny day at the same location in June 2014 in this composite photo. ROBSON FLETCHER/METRO

## Dad mourned

Man killed trying to stop truck getting stolen PAGE 8

## Double trouble

Pop twins having maybe too much fun PAGE 20

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'Perceived conflict'

## ATA says province, task force taking 'cheap shot'

The Alberta Teachers' Association is rejecting claims from a provincial task force that its process of reviewing and disciplining its members is tainted by "perceived conflicts of interest."

The ATA's official response to the findings of the Task Force for Teaching Excellence says that the MLAs, educators and other members that constitute the task force did not understand how the union reviews teacher performance.

The task force was created by Education Minister Jeff Johnson in September 2013 to provide recommendations to support teaching excellence.

The ATA claims that the task force relies on what the union calls a "cheap shot of 'perceived conflicts'" when it comes to rooting out teachers guilty of everything from violence- and sex-related infractions against students to fraud.

ATA president Mark Ramsankar said that Johnson should have initiated the process of reviewing the teaching profession last year.

However, Johnson has publicly scolded the disciplinary process after he overturned a handful of cases where the ATA's hearing committee had recommended a suspension. In those cases, Johnson instead removed the teacher's certificate, effectively barring them from the classroom for life.

LEAH GERMAIN/METRO IN EDMONTON WITH FILES FROM JEREMY NOLAIS

# CBE may add $4M to boost school's space

**'Completely insane.'**
Suburban growth putting pressure on schools around city

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Calgary Board of Education area director Dianne Yee points to site plans for a new northeast Calgary high school during a news conference earlier this year. The school will be in tough to keep up with projected student demand in the area. METRO FILE

Calgary public school officials say they may have to drain more than one-fifth of their capital reserve funds to boost the number of spaces at a planned northeast high school, after requests to the province for more room have yielded no response.

In May 2013, the province approved a 1,500-student Calgary Board of Education facility next to the Genesis Centre, touting a partnership that would see students travel to the centre for gym class and library use.

But CBE officials had long requested that the high school house 1,800 students. Projections in a report going before trustees Tuesday suggest more than 1,950 students would be designated to the school by 2017. Come 2022, that number jumps to 2,325.

"Although no formal response has been received from the ministers of Alberta Education and Alberta Infrastructure, there have been indications from ministry officials that approval of additional classrooms for 300 students may not be forthcoming," the report reads.

After learning of the situation Sunday, Alberta Liberal education critic Kent Hehr deemed it "completely insane" that the province isn't building a school to meet anticipated growth in the area.

"This government promised 50 new schools and not one of those schools has been built," he said.

"Now, it appears that when they eventually get around to building these schools, they won't be fit for the communities they're in because of the financial pickle they (the province) find themselves in."

The CBE estimates the additional 300 spaces will cost $4.2 million and would draw the funds from both restricted and building capital reserves, which collectively hold about $19.7 million in them.

The board already made the decision to empty its operational reserve earlier this year in a bid to protect classroom resources after four years of what it perceives to be inadequate provincial funding.

Alberta Education had not responded to a request for comment at press time.

But CBE trustee chair Sheila Taylor said regular new-school announcements would be ideal — prior to last May's announcement the public board hadn't seen a new facility green lighted in five years.

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# Wheels spinning over cycle track's impact on motorist commute times

Cyclists like this man seen Sunday will soon be able to cruise on divided cycle lanes in the city's downtown core. But is the impact on motorists and their commutes too much to ask? JESSICA PATTERSON/FOR METRO

**Bike pilot.** Twenty per cent increase in travel time possible, according to city report

JESSICA PATTERSON
calgary@metronews.ca

Opinions are divided on whether Calgary's downtown cycle-track pilot will add mere seconds to the average motorist's commute or spur mass gridlock in the core.

A report going before a city committee this week concedes the track's one-year trial could bump up the time spent in cars by 20 per cent.

Coun. Sean Chu, city councillor for Ward 4, said the cycle-track network's potential to affect motorists won't end there.

"Is it worth it, to have 20 per cent of people's time, productivity and quality of life delayed?" Chu asked. "I believe it's going to be more than that."

Chu suggested the bike lanes will make the city's downtown streets more congested, by narrowing the lanes for auto traffic. "The best way to alleviate traffic congestion would be synchronized green lights," he said.

"Twenty per cent, or 30 to 60 seconds, is a minute fraction of your day," said Kimberley Nelson, president of Bike Calgary. "Is the 20 seconds you gain between lights if you're speeding worth my life? It isn't. It's 20 seconds of your day."

Safety has also been an issue of concern for many around the cycle track. Nelson says Bike Calgary has seen that there has been an adherence to law when cyclists have a dedicated cycling space, like on the 7th Street cycle track.

"We hope that will increase cyclists' behaving in a manner as they should on roadways," she said.

"If you're obeying the laws travelling as a vehicular cyclist, staying in your lane and being predictable, it should be fairly safe," she said. "If you're running red lights, things that aren't within the law, you're putting yourself at risk. It's dangerous for anyone in an intersection to run a red light."

**Quoted**

**"I encourage bike riders to brush on up their bike skills, find out what the rules of the road are, learn how to signal properly, which will ensure safety for everybody."**

**Kimberley Nelson**, president of Bike Calgary

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# One year since the Alberta floods: Then and now

**Homeowner struggle.** Floodway-area homes won't receive disaster assistance in future

JEREMY NOLAIS
jeremy.nolais@metronews.ca

There's not a scratch visible on the exterior of Jan Brenneman's Roxboro residence.

Inside, she and her husband have spent hundreds of thousands bolstering their flood defences. Certain walls have been cemented, key mechanical systems have been moved to higher ground and a steel door has been installed to segregate the home's below-grade garage.

"We've protected ourselves as best we can … if there is another one it will just be the garage that gets the bulk of the water," she told Metro during a recent interview.

Just a few units down, it's a different story. A home sits with a wooden panel in place of a door, electrical wiring hangs from the roof. There's mud caked to the walls and junk-food wrappers scattered in the grass out front.

In all likelihood, the residents were among those on Roxboro Rd. to take a relocation buyout from the provincial government. Their neighbours describe how some were simply unwilling to cope with the horror of another flood, while others were driven out by new government regulations barring any future relief funding for floodway-designated abodes.

The designation has created a divide in this area. A single stretch of road separating the floodway from "flood fringe," where mitigation, rather than complete relocation, is the name of the game.

Brenneman conceded that initial thoughts shifted more towards packing up and getting out of dodge.

"But we thought about it and there's nowhere else we'd like to go," she said.

**Staying**

**"We love it here.... We're too old to move and this is our home."**

**Peggy Clark,** whose house sustained two and a half feet of water in the living room last June

In an interview looking back at Alberta's largest disaster, Calgary Mayor Naheed Nenshi said the city has moved to a "new normal," which carries bylaw changes requiring mitigation in homes and buildings erected in flood-hazard areas.

Rumour has it that about 50 per cent of homeowners on Roxboro Rd. took the buyout and the other half opted to stay. Even two-and-a-half feet of water in their living room wasn't enough to scare away Peggy Clark and her husband, who've called the stretch their home for nearly a half-century.

Peggy Clark's residence along Roxboro Road has been restored after two and a half feet of water flowed into the living room during last June's historic flood. Inset: an abandoned house on the same street. JEREMY NOLAIS/METRO

# More than 30 homes demolished, 25 still at risk

Then Mission district resident Travis Oslanski, right, stands with neighbours in front of his home that was slated to be boarded up. METRO FILE

Black marks once dotted a map of post-flood Calgary, indicating which houses would face demolition after the city's historic inundation.

City officials believed up to 132 homes could have been irrevocably damaged, although that estimate receded along with the floodwaters.

To date, 36 houses have been knocked down with another 25 still threatened by wrecking machines.

Kevin Griffiths, director of inspections and permit services, noted it's up to homeowners to decide whether to pay up to "hundreds of thousands of dollars" to salvage what's left on their properties.

"Unless there's extreme damage, there is the opportunity to repair. It can become very costly," Griffiths said in an interview arranged for the one-year anniversary of the June 2013 floods.

Some homeowners are keeping a wary eye on the rivers while wrestling over what to do next.

City electrical inspector Earl Hoefling has seen basements stripped back to the bare foundation — and that's exactly how they'll stay for now.

"They're waiting until after June to see they're not going to have any more water problems," Hoefling said. "I've dealt with a few of them who are just proceeding cautiously."

Hoefling and his colleagues worked non-stop in the immediate aftermath of the flood, conducting roughly 5,000 inspections while the city was still under a state of emergency.

BRIAN WEISMILLER/METRO

**Then and now**

**Metro's look at Alberta's flood**

- **Tuesday:** A look at progress to protect city schools from future rushes of water
- **Wednesday:** Reflecting on the lives lost amid a crisis never before seen in the province

# Paths in rough shape, some still missing altogether

Cyclists, joggers and recreationalists of all types are still feeling the effects of last year's flood, as roughly 21 kilometres of Calgary's river pathways remain damaged and out of commission.

Parks manager Doug Marter said about 93 kilometres of pathway were lost when the flows on the Bow and Elbow rivers reached levels last June that had not been seen in a generation.

About 72 kilometres were restored relatively quickly but the remaining routes are tougher to rebuild.

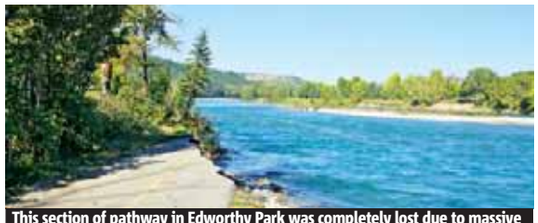
"It's areas where we actually lost the bank," Marter said. "So we have to wait for the bank to be built back and then we've got stabilization to do before we ultimately get the pathway down and open again."

Crews are currently working to restore and raise the bank of the Bow River along western sections of Memorial Drive, Marter added, and then pathways there can be rebuilt.

Major chunks of pathways in Edworthy Park remain missing, he said, and work in that area is taking longer because crews have to wait until CP Rail is finished repairing nearby railway tracks.

"In some cases it will result in some re-routing, where we've simply lost the bank and we don't have enough room, even after the bank is replaced, to put a pathway a back," Marter said.

BRIAN WEISMILLER/METRO



This section of pathway in Edworthy Park was completely lost due to massive erosion of the riverbank. METRO FILE

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## Crime. Aunt mourns man killed in hit-and-run

A 33-year-old Edmonton man, killed as a thief drove off with his pick-up truck Friday morning, is being remembered as a devoted family man.

Adam Groves died as he attempted to stop a man who had jumped into his truck.

Cathi Groves, Adam's aunt, said her nephew was devoted to his common-law wife Jolene Poulin, seven-year old son Harley and four-year-old daughter Harmony.

"He was just kind of starting out. They were just a family trying to start out," she said.

Groves said her nephew grew up in Calgary, then took line-locating work in Hinton, where he met Jolene. She said after a few years working for others, he decided recently to branch out and work on his own.

"He wanted to be with his kids more, so he wanted to be a little bit more in control of the time he spent out there," she said.

Police were searching for a vehicle that led them to the townhouse complex where Adam Groves lived. After locating the vehicle, the thief jumped into Groves' truck to flee.

Adam Groves FACEBOOK

Police were able to arrest one female suspect in the complex. Groves attempted to stop the man from leaving in his truck and fell under the vehicle.

Cathi Groves said with his business starting out, Adam really needed his vehicle and probably reacted in an instant.

"It was his bread and butter," she said. "If he would have to trade his livelihood for his life, I know he would have let the truck go, but we all sometimes do things in an instant."

Police found the stolen truck late Friday, but the thief remains at large.

RYAN TUMILTY/METRO IN EDMONTON

# Playground, school-zone times could be extended

Playground zones, like this one on 28th Street SE, may soon be synchronized with school zones so they're in effect at the same times. KEN VAN DE WALLE/FOR METRO

### Safety. Years of talks with province have paid off: Local parent

Motorists will likely need to keep a careful watch on their speedometer in Calgary school and residential areas when classes resume this fall.

A report due to go before a city council committee Wednesday calls for extending the hours that the 30 km/h speed restriction is in effect in school zones, and it also provides more clarity around when a slower pace is required in playground zones.

If approved, both zones would see speed restrictions in place from 7:30 a.m. to 9 p.m. daily. The measure has long been advocated as a way to improve safety in areas that children frequent.

"It's very encouraging to see the amount of interest stakeholders have taken in making the situation better," said Jillian Drysdale, who, along with other parents at Sam Livingston School, has lobbied the province to synchronize the times in which school and playground zones are in effect.

Drysdale said the change would pair nicely with a move at some schools to have parents park further away and then walk their kids to the building, cutting down traffic congestion — and the potential for collisions — in the process.

On June 1, the province officially introduced an amendment to the Traffic Safety Act, granting municipalities the power to set their own start and end times for playground zones, something they could already do for school areas.

Currently, school zones in Calgary are in effect from 7:30 a.m. to 5 p.m., while playground zones require reduced speeds from 8:30 a.m. to one hour after sunset.

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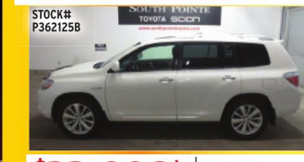

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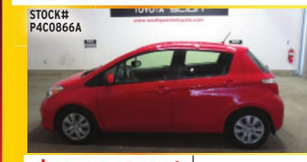

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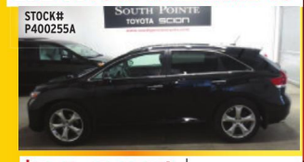

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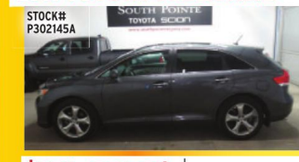

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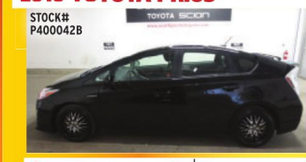

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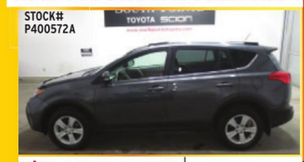

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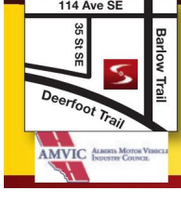


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# Hockey dads face stiff competition with new stick

**Raven Hockey Flex20.**
Sawed-off sticks far too firm for next generation, say three entrepreneurs

BRYAN WEISMILLER
bryan.weismiller@metronews.ca

Three hockey dads are looking to score big with a new, more flexible hockey stick they claim will help amateur players develop.

Calgary-based Raven Hockey was born in 2007 out of Sean Reily's search for a better stick for his boy, Jack.

Back then Jack was seven years old, weighed 45 pounds and had a lanky build.

Like many youngsters who outgrow their youth-sized lumber, Jack was equipped with a junior stick that had seven inches lopped off the top.

Modifying the stick made the shaft far too firm.

"His 55 flex turned into an 85 flex," Reily said. "Alex Ovechkin is 225 pounds, built like a Neanderthal, and he had a more flexible stick than my son at seven years old."

Reily and a neighbour teamed up with sports researchers at the University of Calgary, leading to what's being billed as a first-of-its-kind research project using players aged five to eight years old.

That's also where the duo discovered a third partner.

The group eventually came up with a 20-flex junior stick, which falls in line with the general rule that hockey-stick flex should be roughly half the skater's body weight.

The concept has merit to other hockey parents. Coach Chad Taylor conceded his 10-year-old is using a cut-down stick. The results aren't exactly inspiring.

"He likes to take slapshots and he can't raise the puck. It's very frustrating for him," said Taylor.

**Gone at $99.99**

**The first Raven Flex20 stick went on sale on May 20 and sold out in three days, the entrepreneurs said.**

- At 280g, it's promoted as one of the lightest junior sticks on the market.

From left: Raven Hockey co-owners Dan Pilling, Sean Reily and Guillermo Salazar. COURTESY SEAN REILY

**Jeff Caron**

## Justice sought in workplace death

Friends and family of a Calgary pipe-layer killed in a workplace incident vow to continue rallying in his name until justice is served.

Jeff Caron died Oct. 11, 2012, when a concrete wall collapsed on him at a job site in Burnaby, B.C. The case is now in the hands of RCMP, who are investigating the incident as a crime.

Supporters of the Justice for Jeff campaign gathered in Tomkins Park over the weekend for a rally similar to those previously held in Saskatoon and Burnaby.

"I want the companies to pay for it; I want them to go to jail," said Travis Blanchard, a friend of Caron's.

"A lot of people support this, because it could happen to anyone," he added.

WorkSafeBC concluded that the excavation next to the concrete wall had caused it to become unstable and that the contractor, engineer and design firm had failed to recognize the hazard.

JESSICA PATTERSON/FOR METRO

# Family spirit soars at Aero Space Museum

**Fathers' Day.** Wings and Wheels event a draw for dads

KEN VAN DE WALLE
calgary@metronews.ca

Some Calgary youngsters spent Fathers' Day with their pops, ogling storied turboprops. Fathers got in for free at the annual Wings and Wheels celebration at the Aero Space Museum.

"When I was a little kid, my dad took me here," said Grant Goerzen, a father and event attendee. "I'm assuming we came on Father's Day a couple times, and he really liked it."

Father Grant Goerzen and his family enjoy the museum's Avro 652 airplane. KEN VAN DE WALLE/METRO

This event showcased not only the variety of aircraft that the museum already had on display, but also several antique vehicles and military vehicles that were donated by local owners for the event, including a 1914 Ford Model T.

The event was intended for the entire family, and had many activities for children, such as face-painting and crafts. Calgary first responders were also on the scene, showing off their vehicles to curious children and parents alike.

"Dads are coming here because we like planes, but every kid in the world loves airplanes, loves helicopters, so it's not hard to keep them entertained," said Goerzen.

A helicopter tour was also offered for an additional fee, providing passengers with a bird's-eye view of the city, as well as a look Calgary International Airport's new runway.

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## Jacob Hoggard at MMVAs

Jacob Hoggard gestures in front of audience members as his band, Hedley, performs the opening number at the 2014 Much Music Video Awards in Toronto on Sunday.

CHRIS YOUNG/THE CANADIAN PRESS

# Ottawa woman's journey from the streets to the law

**University of Ottawa.** A troubled life left her homeless at 16 — but eight years later, she's a law school graduate

TREVOR GREENWAY
Metro in Ottawa

Eight years ago, Raphaëlle Ferland was living on the streets with a substance abuse problem and what seemed like no way out.

But she never gave up.

The 25-year-old woman spent Sunday at the National Arts Centre, dressed in a black cap and gown, ready to walk across the stage to pick up her law degree.

It's something that Ferland would have found hard to imagine a decade ago, struggling through a troubled upbringing that left her homeless at 16.

Raphaëlle Ferland accepts congratulations from University of Ottawa dean of civil law Sébastien Grammond, at her convocation. TREVOR GREENWAY/METRO IN OTTAWA

"If you told me 10 years ago when I was on the streets, if I would ever be in law school, I would have probably just laughed in your face," said a proud Ferland, who graduated from the University of Ottawa's law program Sunday.

"Whereas today, I'm here."

The troubles began for Ferland at a very young age and didn't seem to get any better until she decided to do something about it.

She fled her troubled home life and spent months on friend's couches and "bouncing around" before ending up on the streets.

Several years later, she made her way to law school.

Her struggles were not over, however: Ballooning tuition costs became a real challenge.

"I have worked through it all, but there are still struggles ongoing," she said. "If I compare my life now to even just a few years ago, it's not even comparable."

Ferland wants to draw from her street experience to become a criminal defence lawyer — and a voice for those living on the margins who get into trouble with the law.

And she wants to inspire those looking for a way out of homelessness, by presenting herself as a case study to show that it's never too late.

"You just can't give up," she said. "If you want something, there will be so many hurdles in your way. But if you overcome those hurdles, the rewards are enormous."

# Mindfulness is making its way into Ontario jails

Behind the walls of the infamous Elgin-Middlesex Detention Centre, where violence and fear is a daily fact of life, one man is trying to make a difference with a mat and an attitude of spirituality.

Jeff Hardy has opened the world of yoga to the inmates.

"Mindfulness is the up-and-coming thing in social work," he said.

"But it's not really in Ontario yet. It's all over the United States, though."

Hardy goes into the jail every Thursday night, throws down some mats, "and we stretch."

Tall and solid with a thick beard and some body art, the former probation officer doesn't look too out of place as he sits with the inmates.

To get in, he used his connections in correctional services and pitched the powers that be in a presentation, which seems to have done the trick. The results, he said, have been tremendous.

A binder full of positive feedback proves it.

The biggest complaint, Hardy said with a laugh, came when he showed up and the inmates asked, "Hey, where's the chick?"

"I started off with the kitchen staff at the jail because they're the motivated guys. They want to work and get out of there," he said.

Now he hopes to receive funding to spread the good karma to prisons across the province.

SCOTT TAYLOR/METRO IN LONDON, ONT.

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# Iraqi Shiites mobilize in response to Sunni militant attacks, threats

**Iraq.** With blessing of Shiite government and spiritual leader, fighters ready to battle Sunni militants, further escalating tensions

Iraqi police and hospital officials say a string of explosions in Baghdad Sunday has killed at least 15 people and wounded more than 30.

In the city centre, a car bomb killed 10 and wounded 21. After nightfall, another explosion hit the area, killing two and wounding five. The third went off near a falafel shop in the city's sprawling Sadr City district, killing three and wounding seven.

Baghdad has seen an escalation in suicide and car bombings in recent months, mostly targeting Shiite neighbourhoods or security forces.

Iranian-backed, pro-Shiite militias — with the support of the Shiite-led government and blessing of the religious establishment — have moved quickly to the centre of Iraq's political landscape, spearheading what its Shiite majority sees as a fight for survival against Sunni militants who control territory north of Baghdad.

The emergence of the militias poses a threat to Iraq's unity, planting the seed for new sectarian strife and taking the regional Shiite-Sunni divide to a potentially explosive level.

On Sunday, an Islamic militant group that captured two major cities last week posted graphic photos that appeared to show its fighters killing dozens of captured Iraqi soldiers.

The pictures on a militants' website appear to show masked fighters of the Islamic State of Iraq and the Levant, or ISIL, loading the captives onto flatbed trucks before forcing them to lie face-down in a shallow ditch with their arms tied behind their backs. The final images show the bodies of the captives soaked in blood after being shot.

The grisly images could further sharpen sectarian tensions as hundreds of Shiites heed a call from their most revered spiritual leader to take up arms against the Sunni militants who have swept across the north.

THE ASSOCIATED PRESS

**Baghdad**

**While the city of seven million is not in any immediate danger of falling into the hands of the militants, Sunday's incidents could raise tensions. Food prices in the city have risen, twofold in some cases, because of disruption to transport.**

Shiite tribal fighters raise their weapons and chant slogans against the al-Qaida-inspired Islamic State of Iraq and the Levant in Basra, Iraq's second-largest city, 550 kilometres south of Baghdad. NABIL AL-JURANI/THE ASSOCIATED PRESS

# Ukraine declares state of mourning after separatists shoot down plane

Ukraine's new president declared Sunday a day of mourning after pro-Russia separatists shot down a Ukrainian military transport plane, killing all 49 crew and troops aboard.

President Petro Poroshenko vowed to punish those responsible. It was a bitter setback for Ukrainian forces — the deadliest single incident yet in their escalating battle against an armed insurgency that the government, backed by the U.S., insists is supported by Russia.

The downing of the plane drew condemnation and concern from the White House, European leaders and UN chief Ban Ki-moon. Analysts said it could bring a renewed emphasis on increasing sanctions against Russia.

"(This) will refocus attention on the fact that Russia does not seem to be doing very much to moderate the insurgency (or) the cross-border resupply of separatists," said Timothy Ash, analyst at Standard Bank PLC. "I would expect the focus to return to sanctions next week."

Poroshenko spoke to security officials at a televised meeting Saturday, scolding the head of the country's SBU security service for "omissions" in measures to protect military aircraft.

THE ASSOCIATED PRESS

**Escalating battle**

- Nine crew and 40 troops were aboard the Il-76 troop transport when it went down early Saturday as it approached the airport at Luhansk, the Ukrainian prosecutor general's office said.

**Casey Kasem**

## King of Top 40 countdown dead at 82

Casey Kasem
THE ASSOCIATED PRESS

Casey Kasem, the internationally famous radio broadcaster with a cheerful manner and gentle voice who became the king of the top 40 countdown with a syndicated show that ran for decades, died Sunday morning. He was 82.

Danny Deraney, publicist for Kasem's daughter, Kerri, says Kasem died Sunday.

Kasem's American Top 40 began on July 4, 1970, in Los Angeles. The show continued in varying forms — and for varying syndicators — until his retirement in 2009. In his sign-off, he'd tell viewers: "And don't forget: keep your feet on the ground and keep reaching for the stars."

Kasem's voice was also heard in TV cartoons such as Scooby-Doo (he was Shaggy).

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The memorial at the Codiac RCMP detachment in Moncton, N.B., shown on June 8. SEAN KILPATRICK /THE CANADIAN PRESS

# Thousands run in race to honour fallen Mounties

**Moncton.** Racers shake hands of officers as makeshift memorial is dismantled in front of RCMP detachment

A memorial race was held Sunday in Moncton to honour the three officers gunned down on June 4. As people ran past the Codiac RCMP detachment, every runner stopped to shake the hands of Mounties dressed in their red serge, who were dismantling the memorial, said Sgt. Alain LeBlanc.

"What happened was quite amazing. It was very unique," said LeBlanc, who is based in Nova Scotia but came to New Brunswick over the weekend to help out. "I think the members needed this. It was very impromptu, unexpected."

LeBlanc described it as a final salute and said the roughly 40 officers were moved by the outpouring of appreciation from the runners, many of whom were dressed in red.

Run organizer Armand Doucet said he used to run with Const. Douglas Larche and wanted to do something to help the families of the officers.

"When we found out (Larche) had passed away, we decided we were going to honour him," said Doucet of the walk and run, dubbed 3 km For 3 Fathers, which also raised money for the families.

LeBlanc said the memorial on the steps of the detachment — which included flowers, gifts and notes — took about an hour to take down and dozens of people watched.

He said some of the items will go to the families of Larche, and fellow constables Fabrice Gevaudan and Dave Ross. THE CANADIAN PRESS

**Permanent memorial**

**In the days following the shootings and manhunt, the detachment in Moncton became a place for the public to mourn the Mounties and offer their condolences.**

- Moncton Mayor George LeBlanc said on the city's Facebook page that a permanent memorial will eventually be erected.

**Mississippi**

## KFC giving $30,000 to scarred girl while it probes claim she was asked to leave restaurant

KFC Corp. says it's investigating allegations that an employee in Jackson, Mississippi asked a 3-year-old girl to leave a restaurant because her facial injuries frightened other patrons.

A spokesman says KFC is also giving $30,000 toward her medical bills.

The allegation was made Thursday on Victoria's Victories, a Facebook page following Victoria Wilcher's recovery from a pit bull attack in April.

Photos show her facial scars and cartoon-decorated eye patch.

KFC posted an apology on the Facebook page, requesting details.

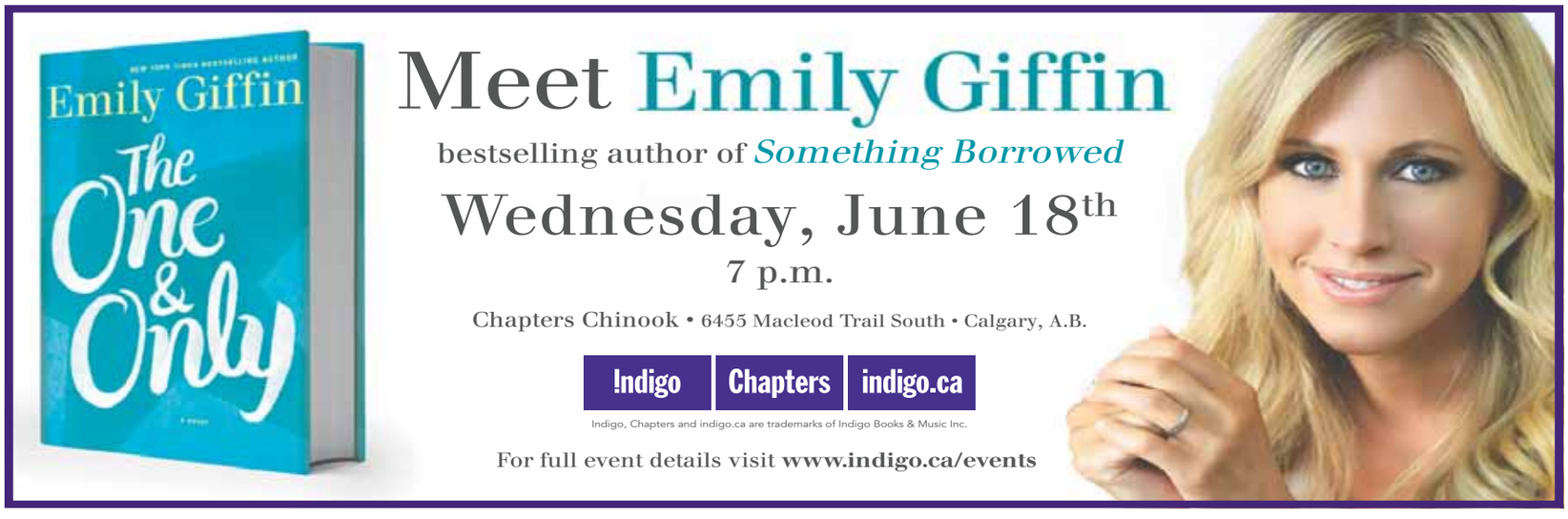
Spokesman Rick Maynard said the donation will be made regardless of what the investigation finds. He says KFC won't tolerate hurtful or disrespectful actions to guests.

The Victoria's Victories page had more than 32,000 "likes" on Sunday. THE ASSOCIATED PRESS

**British Columbia**

## Province says fuel spilled by semi tanker did not enter river

B.C.'s Environment Ministry says none of the jet fuel spilled by a tank car that overturned while being hauled by a semi entered the nearby Columbia river. The ministry says the tanker, which overturned along the Columbia, was leaking but was brought under control. The ministry says it is unclear how much fuel was spilled or how much fuel was in the tank when it overturned. THE CANADIAN PRESS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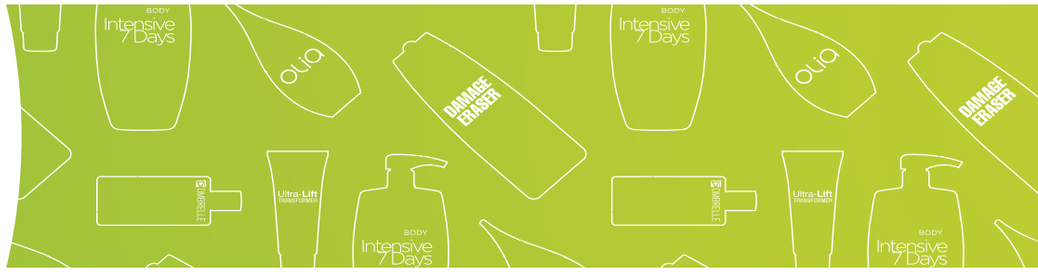

Israeli soldiers take their positions Sunday during a military operation searching for three missing teenagers, near the West Bank city of Hebron. MAJDI MOHAMMED/THE ASSOCIATED PRESS

# Netanyahu alleges Hamas kidnapped Israeli teenagers

**Escalating tensions.** Israeli troops arrest dozens of members of Hamas and close off West Bank roads in a frantic search for three missing youths

Israeli troops on Sunday arrested some 80 Palestinians, including dozens of members of Hamas, in an overnight raid in the West Bank as the prime minister accused the Islamic militant group of kidnapping three teenagers who went missing nearly three days ago.

The crisis escalated already heightened tensions between Israel and the new Palestinian government, which is headed by Western-backed President Mahmoud Abbas but backed by Hamas. Israel, which considers Hamas a terrorist group, has condemned the alliance and said it holds Abbas responsible for the teens' safety.

"Hamas terrorists carried out Thursday's kidnapping of three Israeli teenagers. We know that for a fact," Netanyahu said. "Hamas denials do not change this fact."

Netanyahu provided no evidence to back his claims. Palestinian officials rejected Netanyahu's contention that they are responsible. Hamas, meanwhile, praised the apparent kidnapping but stopped short of accepting responsibility.

The three youths — Eyal Yifrah, 19, Gil-Ad Shaer, 16, and Naftali Frenkel, 16, who is also a U.S. citizen — disappeared Thursday night as they were heading home from a West Bank religious school.

Officials confirmed that one of the teens called a police emergency line around 10:25 p.m. and said, "We've been kidnapped." They have not been heard from since then.

The case has riveted the nation's attention, receiving around-the-clock coverage in local media. Late Sunday, more than 10,000 people converged at Jerusalem's Western Wall, the holiest site where Jews can pray, for a special mass prayer, police said.

Palestinian militants have repeatedly threatened to kidnap Israelis, hoping to use them as bargaining chips to win the release of prisoners held by Israel. This would be the first time three civilians have been taken at the same time.

The overnight arrest raid was concentrated in the southern West Bank city of Hebron, in the area where the youths disappeared. Israel imposed a closure on the area, restricting traffic in hopes of preventing them from being smuggled out.

A Hamas website said more than 60 of those arrested were members, including senior figures in the movement.

THE ASSOCIATED PRESS

**Co-operation**

**Despite the exchange of accusations, security officials from Israel and Palestinian forces have been co-operating closely in the West Bank trying to find the kidnappers.**

- President Mahmoud Abbas met with his security chiefs late Saturday and urged them to do anything they can to contribute to the search, said a senior Palestinian official who spoke on condition of anonymity.

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TIP 5
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Afghanistan's presidential candidate Abdullah Abdullah, centre, arrives for a news conference in Kabul, Afghanistan, Sunday.
MASSOUD HOSSAINI/THE ASSOCIATED PRESS

# Afghans brave Taliban threats, violence to vote

**Presidential election.** While scattered attacks by insurgents occurred, more than 7 million Afghans voted Saturday

Insurgents cut the fingers off nearly a dozen voters and killed 11 other people, including four election workers, to punish them for voting in this weekend's presidential runoff, officials said Sunday.

The Taliban had warned people not to participate in Saturday's vote. The two candidates, former Foreign Minister Abdullah Abdullah and former Finance Minister Ashraf Ghani Ahmadzai, have both vowed to improve ties with the West and sign a long-delayed security pact allowing nearly 10,000 U.S. troops to remain in the country for two more years.

Afghanistan was relatively quiet the day after the second round of voting as the process of counting the votes began. Official preliminary results were to be announced on July 2, with final results released on July 22. The commission plans to release partial results in the coming weeks. A series of rocket barrages and other scattered attacks did occur that Interior Minister Mohammad Umar Daudzai said killed 47 people, including 20 civilians and an election commission worker. He said 60 militants were killed.

The election will likely mark the country's first peaceful transfer of authority, an important step toward democracy as foreign combat troops leave.

The Independent Election Commission said initial estimates showed that about 60 per cent of the country's 12 million eligible voters participated.

THE ASSOCIATED PRESS

Egypt

## Teacher gets six months in prison for insulting Islam

An Egyptian appeals court upheld a blasphemy conviction against a Coptic Christian teacher and sentenced her to six months in prison on Sunday, overturning an earlier ruling that only imposed a fine. Egypt's state news agency MENA said the court ruled that elementary school teacher Dimyana Abdel-Nour had insulted Islam in front of her pupils. Last year, Abdel-Nour was ordered to pay a fine, but she appealed. The prosecutors also appealed, saying the crime must be punishable by a prison sentence.

THE ASSOCIATED PRESS

## Rome. Pope says Europe is becoming 'tired,' with low birth rates, bleak futures

Pope Francis on Sunday criticized Europe for becoming what he called "tired" because of low birth rates and the increasing numbers of young people who neither work nor study.

Francis delivered the harsh assessment as he visited an ancient Rome basilica in Trastevere, a traditionally working-class neighbourhood that is also home to a Catholic organization, Sant'Egidio Community, whose volunteers help the elderly, immigrants and other needy.

Francis said Europe often "discards" both its elderly, by shunting them aside, and its young, by failing to provide work. "A people which doesn't care for its elderly, which doesn't take care of its young people, is a people without a future, a people without hope," Francis said.

The pope said by helping both young and old, "you begin to renew society."

Last week, Francis cancelled two days of meetings after coming down with what the Vatican would only describe as a "mild" illness. He was back in the public eye Wednesday, appearing to hold up well in the hot, humid heat during his weekly audience.

THE ASSOCIATED PRESS

# Follow your gut and your mind when making financial choices

HOW TO ROLL
Alison Griffiths
metronews.ca

Short of owning a crystal ball — and I've never been able to find one that worked — successful investing is about following two basic rules. They won't make you rich in and of themselves but they will prevent you from becoming poorer.

**1. Ask questions**

Financial advisers of all stripes should consider education part of their job. Unfortunately too many are focused on selling product in a largely commission-based industry. Because of this, investors must be proactive.

There's no such thing as a stupid investment question. The industry is unnecessarily riddled with jargon, and it can take considerable probing to uncover what the bafflegab means.

If you don't get an answer, or don't understand the one you got, ask again. Also, request examples and visual representation of what the advisor is saying.

Sadly, many in the industry don't really fully understand what they're selling. Often they avoid being exposed by making people feel stupid, which only adds to their confusion.

If you don't understand how a product works or what it does to benefit your portfolio, don't buy it.

**2. Trust your gut**

Without fail, virtually everyone who has ever told me about a investment they regret has also confessed they felt uncomfortable or uncertain from the get-go.

You are far less likely to lose money by not doing something than by taking a leap into the unknown. Considering there's a stock market correction of 20 per cent once every five years on average, do you want to take chances with money intended for your retirement? Don't forget, it can take up to a decade to recover from a downturn.

This rule doesn't mean you should invest based on emotion. Far from it! However, I have seen time and time again that those who trusted a nagging feeling were saved from some very bad investments.

If in doubt, keep your money in a higher-interest savings account and bonds until you are confident of a product or strategy. You might not make much money, but it's far better than losing it.

Financial advisers can't predict the future with a crystal ball, but skilled advisers may help you make your own smart investment decisions. CHRISTIAN SCHNETTELKER/FLICKR

## PRELIMINARY APPROVAL NOTICE OF PROPOSED SETTLEMENT AGREEMENT WITH THE ATTORNEY GENERAL OF NOVA SCOTIA

**TO:** ***Former Residents of the Nova Scotia Home for Colored Children***
**RE:** ***Elwin et al. v. Nova Scotia Home for Colored Children et al.*** **– Hfx. No 343536**

**What is this notice?**
A law suit against the Province of Nova Scotia has been conditionally settled regarding allegations of abuse suffered by former residents of the Nova Scotia Home for Colored Children. If you lived at the Nova Scotia Home for Colored Children at any point between January 1, 1921 and December 31, 1989, you may be a member of the Class. Your legal rights may be affected by this settlement. The Settlement Agreement must now be approved by the court.

**What are the terms of the settlement?**
The Province of Nova Scotia will pay $29,000,000.00 into a trust account. After court-approved legal fees, taxes, disbursements, and administration fees are deducted, that money will be distributed to eligible former residents in accordance with an agreed-upon plan. You can read the full settlement agreement online at: www.voicesociety.ca, www.at-home-site.org, www.nshccsettlement.com and www.wagners.co.

**What are the next steps?**
A court hearing to approve the settlement agreement is set for July 7, 2014 in Halifax. You may attend but you do not have to. If you want to object to the Settlement Agreement, Wagners must receive your written objection - by July 4, 2014 OR you may also object in person on July 7, 2014 by appearing at the court hearing on July 7, 2014, to be held at the Law Courts, 1815 Upper Water Street, Halifax, Nova Scotia.

**Do I have to do anything right now?**
No. You may make a claim after the settlement has been approved. Another notice will be published after the settlement is approved giving more detail on how to make a claim.

**Will I have to pay anything?**
No. Class Counsel will ask the court to approve legal fees, disbursements and taxes, payable out of the settlement fund. Any such fees have to be approved by the court as fair and reasonable.

**How can I get more information?**
For more information, contact Class Counsel (lawyers for the settlement Class):

Wagners
1869 Upper Water Street
Suite PH301, Pontac House
Historic Properties
Halifax, NS B3J 1S9
Office: 902-425-7330
Toll Free: 1-800-465-8794. Fax: 902-422-1233
Web: http://wagners.co

**This summary notice has been approved by the Supreme Court of Nova Scotia.**
**Do not Contact the Court about this Notice.**

# Northern Gateway pipeline opponents plot the next move

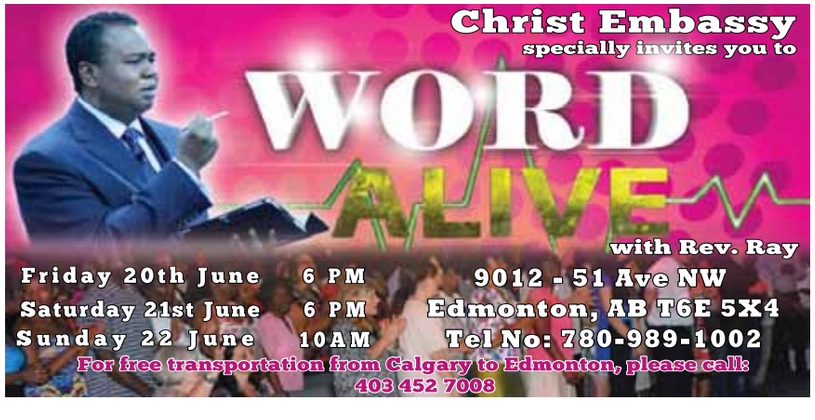
Resigned to the idea that federal government approval of the Northern Gateway pipeline is probably inevitable, opponents of the project are formulating a plan to make sure British Columbia's politicians remain opposed to it.

For months now, members of the Dogwood Initiative have been preparing for a provincial referendum akin to the vote that forced the Liberal government to repeal the harmonized sales tax in British Columbia.

Should Ottawa give the pipeline the go-ahead by this Tuesday's deadline and the province issues the necessary permits and authorizations, spokesperson Kai Nagata said his group will be ready.

The B.C. government officially declared its opposition to Northern Gateway and told the federal panel reviewing the project that it shouldn't go ahead as planned. When Premier Christy Clark pressed for a greater share of government revenues for the project she said repeatedly that while the final decision is in the federal purview, there are about 60 permits the province will have to issue for construction to begin.

"So the province could hold construction in limbo indefinitely," Nagata said. THE CANADIAN PRESS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# ROCKING OUT AT DROP-IN CENTRE

High Plains Drifter
**James Callsen**
calgary@metronews.ca

Little-known fact about your bi-monthly scribe: In addition to my day job and my Metro column, I spend a lot of my free time playing in a roots-country band called The Ruminants.

When you're in a band, there are times when you feel like you are always "asking." Whether it's calling up a booker and asking for gigs, hunting down the manager at the end of the night to get paid, or getting the audience into the music enough that they want to make a little noise or dance, one can often feel like they are always out for the "ask."

However, this past Friday, The Ruminants had a chance to give back at the Calgary Drop-In & Rehab Centre.

Every Friday afternoon at 4:30 the second floor of the DI turns into one of the most fun, loudest gigs in town as part of its burgeoning ArtBeat project. ArtBeat is a multi-faceted program designed to bring visual art and music to the Drop-In Centre's clients and staff.

For a band like The Ruminants, it was a great way for us to give back to the community, and for the clients of the DI, it's a chance to be able to do something they often don't get to do: Take in some live music.

I've played some gigs where we've really been fighting to keep the crowd's attention. I've played some shows where most of the audience could care less if we were even there. But last Friday, it was neither of those things. Putting a smile on someone's face, getting a few toes tapping and legs dancing reminded me why I love playing music in the first place.

The ArtBeat stage has unlimited potential, and it needs our help. If you are in a band in Calgary, I highly suggest you get in touch with the DI staff and ask about a gig.

But they don't just need pickers.

Clients run the stage and sound production and get by on donations. Have some gear you're not using? Give them a call. Have experience in sound and production or want to volunteer as a stage hand? They could use your experience as well.

Being able to use your music to give back is an incredible experience, and I highly suggest you email program co-ordinator Cort Bulloch (CortB@TheDI.ca) to get involved at one of Calgary's most unique venues.

**ArtBeat**

**Putting a smile on someone's face, getting a few toes tapping and legs dancing reminded me why I love playing music in the first place.**

## ZOOM

# Follow Me To ...

The "Follow Me To" series, by Russian girlfriend–boyfriend team Nataly Zakharova and Murad Osmann, is attracting a lot of attention on social media and leading to new opportunities for the couple. COURTESY MURAD OSMANN

### Sexy viral photos are well in hand

Since 2011, images of a sexy model leading her significant other around the world have captivated thousands of social media users. The "Follow Me To" series by Russian girlfriend–boyfriend team Nataly Zakharova and Murad Osmann returns with pictures from Hong Kong, where they've been commissioned by the local tourism board.

METRO WORLD NEWS

### Accident leads to Hong Kong hire

Thanks to the viral success, Hong Kong's tourism board has hired the couple to promote some of the main tourist attractions across the city, like the Choi Hung Estate. But like many ideas, the project started by accident when during a trip to Barcelona, Nataly grabbed Murad's hand to catch his attention when he was too busy taking photographs.

METRO WORLD NEWS

**The future**

- The "Follow Me To" project has certainly made a huge social media impact, having garnered more than 1.1 million followers on its Instagram account.
- The couple are hoping to make some snappy travel guides on video, in an effort to allow their followers to get to know them and find out the backstory of their pictures.

**METRO AUGMENTED REALITY**

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*In this issue, you can find AR enhancements on page 20 in Scene and page 30 in Sports*

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.

2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!

3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.

**MetroTube**

## Cat laps up punishment

ANDREW FIFIELD
andrew.fifield@metronews.ca

**If you've ever tried to save a couch from the unwanted advances of a cat, chances are a spray bottle was the perfect partner as a bad cop. It's quiet. It's clean. But most importantly, it's effective.**

**Well, it is at least most of the time, but definitely not in the case of our pal Joey here. For the sake of his people, we're hoping he manages to keep his own nose clean, because the water bottle doesn't exactly seem like a behaviour-modifying punishment for this guy. (Hilary D/YouTube)**

JOHN MOORE/GETTY IMAGES

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Haven't heard Everything We Touch yet? Scan the photo with your Metro News app to see the video!

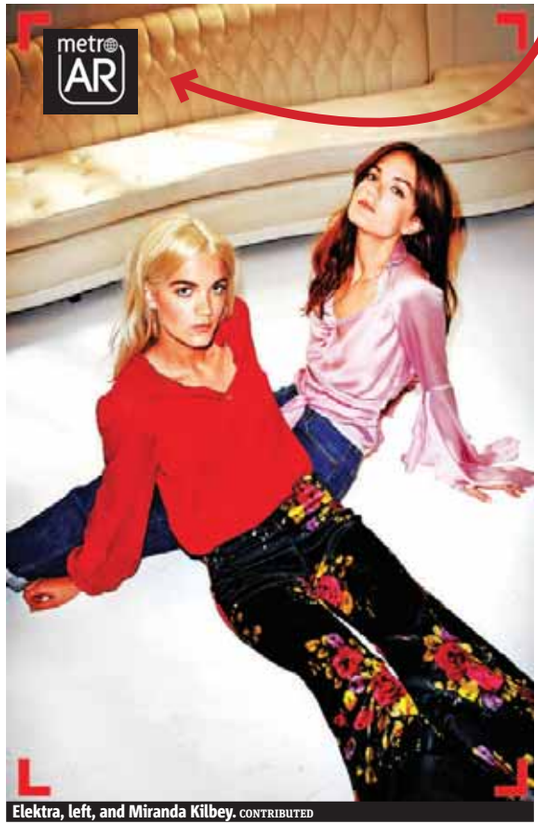
# Say Lou Lou: Double the sounds, double the trouble from sisters

**Symbiosis.** Twin dream-pop singers are having plenty of success and maybe a little too much fun

RICHARD PECKETT
Metro World News in London

Miranda, one half of band Say Lou Lou, has recently returned from a hospital visit after drinking too much U.K. festival where they supported Kelis. The identical twin sisters — Miranda (brunette) and Elektra (blond) Kilbey — insist that the booze-fuelled session was a once-a-year blowout put down to the adrenalin and lack of dinner. Really, they've no reason to explain themselves: the half-Swedish and half-Australian musicians have every right to be on a high with their EP Everything We Touch dropping to the applause-like click clatter of keyboard pundits.

That said, the singer-songwriters won't believe the media hype: They've been grounded in the industry with both parents fronting bands — Karin Jansson (Pink Champagne) and Steve Kilbey (The Church). Here, the 23-year-old dream-pop duo come to Metro for some therapy on the run-up to the release of their debut album, due out this fall.



Elektra, left, and Miranda Kilbey. CONTRIBUTED

**It sounds like you had a good night at the Great Escape festival.**
Miranda and Elektra Kilbey (together): We opened for Kelis, it was so much fun. It was a really good night.

**Miranda, what happened to you?**
Miranda: Ugh, yeah, I fell over and hit my head after the party and that was my own fault. It was Jameson's fault.

**Jameson... the whiskey?**
Miranda: Yeah [laughs].

**Your night sounds very rock 'n' roll.**
Miranda: Everyone says that, but you're like no, but yeah, but no, but…

**Is it just a bit grubby?**
Miranda: Yeah [laughs].

**It seems like you've spent most of your lives on tour. Where do you call home?**
Elektra: Honestly, we've been in London the most. We had two flats but we don't now because we have so many festivals this summer and it's going to be like in and out with two days here and one day there. We're really craving a base now. The amount of time spent sleeping on couches and hotels is getting ridiculous.

Miranda: Yes. It's ridic. We're constantly on tour. It's weird, I feel like we didn't wash our clothes for two weeks. We were walking around with dirty socks; I feel now that I need someone to look after me a bit.

**Were you feeling a bit homeless swigging Jameson with dirty socks?**
Miranda: Yes

Elektra: Miranda, we were staying in a hotel!

Miranda: I still felt homeless because all our stuff was dirty and nobody was looking after us.

**Miranda, you're the older twin, so shouldn't you be the more dominant sister?**
Miranda: I'm a very strong four-minutes-older, but Elektra is the more strong-willed and stubborn one. But I'm the kinder sister.

Elektra: She is not the kinder sister; she is the wimpier sister.

Miranda: I'm not wimpy, Elektra.

Elektra: I wouldn't say wimpy, but I would say soft-hearted. She is more sensitive and emotional.

Miranda: Elektra, you are cold-hearted. She judges people too quickly.

Elektra: It's called human instinct and I follow it.

Miranda: If people make mistakes like I did last week, she makes you feel bad about it.

Elektra: This isn't Dr. Phil-style therapy, Miranda.
Miranda: This is Dr. Rich.

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Brief

## MoMA shows love for Bjork app

Bjork's multi-sensory musical experiment Biophilia has become the first app to be included in the collection at New York's MoMA.

The Icelandic star's 2011 interactive album has been introduced to the museum's permanent collection, providing myriad media options, including animations, games and interactive graphics for each track. Listeners find themselves in the album's 'galaxy,' able to explore each song with lyrical analyses and explanations of the score. Bjork is famous for pushing the boundaries of the artistic disciplines with her collaborative projects and Biophilia was the first album app ever made.

AFP

# A wide open field of memories

**Anniversary.** The cast of Field of Dreams gathered in Iowa over Father's Day weekend to relive making the beloved sports film

Actor Colin Egglesfield wasn't in the classic baseball film Field of Dreams.

But if they built a screen in centre field, he would come.

When Egglesfield heard about plans to celebrate the 25th anniversary of the movie's release during Father's Day weekend in Iowa, he flew to Sioux Falls, S.D., picked up his dad and drove six hours to the farm in Iowa where it was filmed.

The Los Angeles-based Egglesfield, most recently seen on TV shows such as Rizzoli and Isles and The Client List, and his father reached rural Dyersville in time for a viewing of the movie on the outfield grass with scores of others, including star Kevin Costner.

That's when "Hey dad, you want to have a catch?" got them all, all over again.

"My brother had one arm around my dad. I had my arm around him as well. It was just water works," Egglesfield said of the film's memorable final scene. This weekend's emotional reunion in Iowa showed why Field of Dreams still resonates with so many.

The site of the Oscar-nominated film about an Iowa farmer who hears a voice whisper, "If you build it, he will come" — and follows through on his vision by building a baseball diamond over a corn field — has itself become a tourist destination since the movie's release in 1989.

So it was only natural for the farm in northeast Iowa to host a three-day celebration of the film that made it so famous.

Stars such as Costner and Timothy Busfield joined celebrities like Egglesfield, past American League Cy Young award winner Bret Saberhagen and thousands of fans from all over the Midwest at the remote locale. Costner played the role of Ray Kinsella, the farmer whose diamond lured both the 1919 Chicago Black Sox and his own long-gone father out of the cornstalks beyond left field.

Kevin Costner fields a ball during the celebrity softball game at the 25th anniversary celebration of Field of Dreams Saturday. THE ASSOCIATED PRESS

Twenty-five years later, Costner brought his wife and kids back to Iowa to reminisce about his role in one of the most beloved sports movies of all time.

"I'm glad to be here with friends and old acquaintances and making some new ones, and for my children to be a part of this," Costner said. "It's certainly a high mark for me, this little movie, and it remains so."

The weekend was jampacked with activities like celebrity softball games and concerts from the Gin Blossoms, Joan Jett and the Blackhearts, and even Costner's own country band, Modern West. But perhaps the biggest item on the agenda was a game of "remember when" — for fans and actors alike. Busfield, who played Ray Kinsella's brother-in-law Mark, said the moment when Shoeless Joe Jackson, played by Ray Liotta, drilled a liner at Costner's feet after he dared the White Sox star to hit his curveball is still his favourite.

Actor Dwier Brown, who played Kinsella's father, talked about how much Costner's famous plea to Liotta — "What's in it for me?" — still makes him chuckle.

Broadcaster Bob Costas, who hosted a Q&A with the cast on Friday, talked about how much he enjoyed Burt Lancaster in the role of Moonlight Graham, a ballplayer-turned-doctor who gave up his second shot at a baseball career to save Kinsella's daughter from choking on a hot dog. What all the actors have in common are warm memories of a movie that's nearly as popular now as when it was released in 1989.

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Ben Affleck. ALL PHOTOS GETTY IMAGES

# Jen would rather Ben gamble than spend wild nights out on the town

Maybe Ben Affleck's gambling problem isn't such a problem, as wife Jennifer Garner is reportedly standing by him despite taking issue with his casino habit, according to Radar Online.

"Jen is happy with Ben gambling because she feels like it keeps him focused," a source says.

"The alternatives are working, gambling and spending time with family or out on the town partying. Gambling replaces that last option.

"He's either working or gambling. His free time is non-existent.

"Now she has that rein on him, and gambling keeps him in check."

METRO WORLD NEWS

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# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

**Pop goes the week**

## *Have they found love in a hopeless place?*

STARGAZING
Malene Arpe
scene@metronews.ca

**What could it possibly mean that Rihanna and Chris Martin went out to dinner together?** 1) They're having a torrid love affair. 2) They are working on a musical collaboration. 3) Gwyneth Paltrow told them to so that she may post a GOOP entry about consciously coupling her ex with another conscious being. 4) They were hungry at the same time.

**Jennifer Lopez's now-ex Casper Smart reportedly didn't want to be known as "just her boyfriend."** Henceforth, then, he shall be known as "just that guy who used to date a really hot superstar and now delivers your pizza."

**Brad Pitt wears an adorable T-shirt with a drawing of himself and Angelina made by one of their children.** That explains why Gwyneth Paltrow this past week was heard yelling "What's wrong with you? Why don't you love me? What am I supposed to tell your trendy new stepmom, Rihanna?" at Apple and Moses.

**Cressida Bonas, who dated Prince Harry and was this close to becoming a princess if she would have just bothered to comb her hair, has been cast in a movie starring Judi Dench and Matthew Morrison.** She'll play the girl who loads the pizzas into Casper Smart's car.

**Performing at a concert, Miley Cyrus flung away a cardboard cut-out of Selena Gomez's face while singing the song FU.** Calm down, everyone. It's not a feud or anything. FU stands for "Fly, Unbelievably beautiful friend person. I Fove U so much."

**Kate Hudson says that "people have a right to [feel betrayed]" by her exes Lance Armstrong and Alex Rodriguez's predilection for performance-enhancing substances.** She, on the other hand, is just happy no longer being asked to "pick up my prescription from Doctor Pills down behind the dumpster while I look at my glutes in the mirror."

**Twitter**

**@rickygervais**
Have a great day

**@NiallOfficial**
Eat a lot and chill on the couch ! Are the two things I'm very good at ,and both will be done today.

**@joeldavidmoore**
Try not looking at yourself first when you see a group picture you're in.

# May The Force be with Ford

Harrison Ford's injuries on the set of the new Star Wars movie may be more severe than producers are letting on. While Ford reportedly hurt his ankle on the London set and is recovering, sources tell the Sun that there's a lot more to it. "We were told he had some pelvic injuries and may have had a chest X-ray," says a source. Ford was airlifted to Oxford's John Radcliffe Hospital after a piece of the Millennium Falcon fell on him.

# It takes guts to stop being a duck stuck in a financial rut

**Changing bad habits.** If you want to build a financial safety net, you must start by opening a savings account

GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

Are you a duck trying to stay financially afloat in a sea of debt? ISTOCK

Are you stuck?

From time to time I meet folks who are determined that they can't change their financial circumstances. Take Anna. She's got a job that pays her about $12 an hour, a $15,000 student loan and a couple of credit cards with balances. She can't see any way out of her current circumstances. Anna is one duck stuck in the muck. And she's among a flock of people so convinced they can't that they don't even try.

I believe that a lot of the problems people have dealing with their money stem from the simple Law of Inertia. The Law of Inertia says that a body at rest will remain at rest until some force acts upon it. And a body in motion will remain in motion. It is so much easier to maintain the status quo than to change.

Financial inertia is an epidemic. In an experiment conducted in Britain, the Brits' financial inertia was so great that the majority of people wouldn't even bother picking up a free £5 note if it were offered to them. What possible difference could £5 make?

Hey, if you don't mind being the duck that's stuck, no prob. Just stop your whining. But if you're determined to do something differently so you have a different outcome, you must start somewhere. You cannot save $10,000 until you save $1,000. You cannot save $1,000 until you save $100. You cannot save $100 until you save $10.

If you want to build a financial safety net, you must start by opening a savings account and creating an automatic savings program. If you want to stop spending money you haven't yet earned, you must stop carrying your credit cards. You must change what you are doing or not doing, to something that works for you instead of against you.

I love change. Change is exciting. Change brings challenge, learning and a sense of the new. Change is full of promise. Change is audacious. It takes guts to change. It takes real guts. And guts are something that seem to be in short supply. If you have them, you'll make it. If you don't, so sorry: No guts, no glory.

So the question you have to ask yourself today is this: Do I have the guts to change?

If your answer is "no," then don't waste your time whining and beating yourself up. You've made your choice, live with it graciously. But if you are brave, and ready to commit — if the answer is "yes" — then what are you going to change today? What small step will you take to move you from being at rest to being in motion? What will you do (not think about, not plan, not worry about, not whine about) to change what your life looks like?

It doesn't matter whether you're old or young, rich or not-so-rich, highly educated or not. All over the world — and right here at home in Canada — people are woefully unprepared to handle their money. The problem is so huge that the Canadian government stepped in to see if it could help. After months of consultation and a fancy report, we got ... nothing. Zip, zero, zilch. Why? It seems nobody understands where to start.

Truth is, financial responsibility is our responsibility. There is no magic can-opener that will open up our skulls and pour in the information we need to know to be financially literate. And all the knowing in the world won't do a scrap of good if folks aren't prepared to do something.

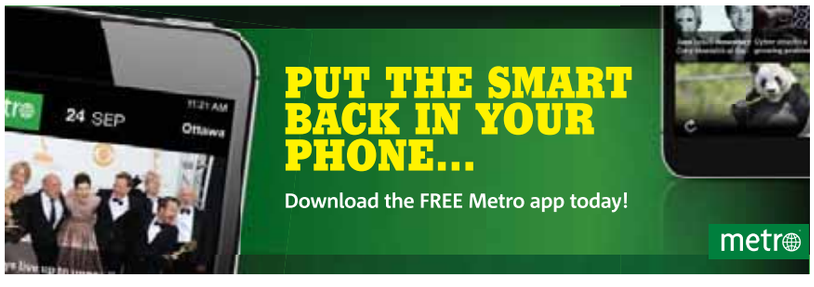
So where do we start? With some hard work and the determination to make a plan and see it through. But only those folks with a stomach for facing reality will succeed.

If you've been feeling out of control — even desperate — rest assured, you are not alone. Now you have to decide if you have the guts to change. Decide that today is the day you'll do something different. It can be small. No one is asking you to move a mountain ... well, not in one push. Don't even know where to start? Head on over to www.mymoneymychoices.com and sign up. You'll be given a road map designed to build your financial literacy along with strengthening your financial foundation. Small steps forward will get you to where you really want to be.

You don't have to go it alone. If you know you're going to need the support and guidance of friends and family, start a Tribe and work together to journey to a better place.

Do you have the fortitude to take a good, hard look at what you've been doing with your money? Are you ready to get real?

You can put inertia to work for you. Or you can just remain one duck stuck in the muck. You decide.



**Money 101.** Two couples, one year to make them richer

# Oh, baby! Look at those numbers grow

I'm a financial coach guiding young Canadians to financial success, and since January 2014 I've coached two couples. In only six months, they've grown their combined net worth by more than $46,000. Want to learn how? Follow along as I coach them for the remainder of 2014. – *Lesley-Anne Scorgie/for Metro*

Part of Anne-Marie and Peter's parenting to-do list is to start a registered education savings plan. SHUTTERSTOCK

Carolina and Jose kept moving costs down by relying on close friends and family for help. SHUTTERSTOCK

## Anne-Marie and Peter

Anne-Marie and Peter welcomed their daughter into the world at the end of May.

They're thrilled to be new parents as they adjust to feeding and sleeping schedules along with reduced maternity leave income.

What's top-of-mind for the couple is establishing their daughter's registered education savings plan (RSP).

They completed the government forms in the hospital to set up her social insurance number and birth certificate, and can now meet with their local bank to establish the account.

An RESP allows parents to save for their child's education and benefit from government grants of up to $7,200 through the Canadian Education Savings Grant and $2,000 through the Canada Learning Bond (for lower income families) over the lifetime of the account.

Parents are allowed to contribute up to $50,000 over the lifetime of the account.

Like any savings program, the earlier you save, the greater the money benefits from the power of compounded interest and reinvested returns.

While Anne-Marie is on maternity leave they plan to contribute $25 per month to the RESP and have reduced their aggressive debt repayment plans to $200 from $800 per month.

Peter is working diligently to secure freelance contracts valued at $18,000 and finalize his life insurance coverage.

Once the couple has adjusted to their new schedule, they will return their attention to their investment portfolio: exploring various mutual, index and exchange traded funds that are suited to their balanced investment personalities.

Anne-Marie and Peter's net worth has improved $19,700 since January.

**Homework:**
Anne-Marie and Peter will establish an RESP and select investments better suited to their investment profile.

**LESLEY-ANNE SCORGIE IS A COLUMNIST WITH METRO, FINANCIAL COACH AND BESTSELLING AUTHOR. SHE RELEASED HER LATEST BESTSELLER, WELL-HEELED, IN APRIL.**

**Anne-Marie and Peter recap**

- Location: Toronto
- Ages: 37 and 33
- Occupations: Broadcasting and sports editing
- Total household income: $110,000
- Life stage: First child arrived May 2014
- Financial savvy: Medium — they use budgets to help guide spending, have some retirement savings, and are committed to paying off debt.
- Rent or own: Rent
- Top goals for 2014: pay off debt, start an RESP, and start saving a down payment.
- Current net worth: $85,700
- Homework from last month: Evaluate balanced investments, have baby, apply for a SIN for the new baby and get ready to set up an RESP opportunities for Peter.

## Carolina and Jose

Carolina and Jose took possession of their new home mid-June and set out to keep moving costs low — renting a moving van, leaning on family and friends for babysitting and sheer muscle. The couple has prepared well for their first 60 days, which can be the most expensive, by working through a financial checklist:

- Switch over utilities, insurance and taxes to equal monthly installments.
- Negotiating insurance rates and coverage through a broker.
- Setting aside approximately $500 for carpet cleaning, furnace and water tank maintenance.
- Planning for at least an extra $100 on their first grocery bill for "what if" expenses like cleaning supplies.
- Setting up mail forward services for approximately $50.
- Ensuring they've got their first bi-weekly mortgage payment of approximately $550 ready for withdraw.

Jose was able to negotiate pro-rated rent on their existing property for June as the couple took possession mid-month. They also worked with their mortgage broker to reduce their rate further to 2.99 per cent, taking advantage of the recent reductions in five-year fixed mortgage rates.

By using their recent tax refund, and a little extra cash from Jose's job since his raise took effect, they scraped together closing costs of approximately one per cent, or $2,500, of the new home's value.

Amidst the moving excitement, the couple is also celebrating Jose's new role as a safety co-ordinator at his roofing company. Besides the timely bump in income, Jose's company is paying for his national construction safety officer certification, which will enhance his career prospects. Carolina is considering a part-time multi-level-marketing role with a skin care company, which she can do from home.

Carolina and Jose's net worth has improved $26,400 since January.

**Homework:**
Jose and Carolina will work through their 60-day checklist and get comfortable in their new home.

**THE NAMES OF BOTH COUPLES HAVE BEEN CHANGED TO PROTECT THEIR PRIVACY.**

**Carolina and Jose recap**

- Location: Calgary
- Ages: 33 and 32
- Occupations: Stay-at-home mom and roofing
- Total household income: $62,000
- Life stage: Three daughters aged five, three and one
- Financial savvy: Medium to low — they recently established a budget, are very frugal spenders, have no retirement savings, and are committed to paying off debt.
- Rent or own: Own
- Top goals for 2014: Pay off debt, buy a house and visit family.
- Current net worth: Minus $7,300
- Homework from last month: Move into their new home without busting their budget.

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# The unexpected majors of celebrities

Before these stars were red-carpet regulars, they were ordinary post-secondary students who declared their majors and took prerequisite classes just like everyone else. Find out which celebrity shared your major below.

METRO WORLD NEWS IN NYC

## Kourtney Kardashian

The only one of the Kardashian sisters to earn a university degree, the reality star graduated from the University of Arizona with a bachelor in theatre arts and a minor in Spanish.

## Ashton Kutcher

Before he rose to fame playing the dumber-than-a-box-of-rocks Kelso on That '70s Show, the sitcom star and producer was planning to study biochemical engineering at the University of Iowa.

## Kunal Nayyar

The Big Bang Theory co-star studied business and finance at the University of Portland, arriving as an 18-year-old freshman from India in 1999.

## Carrie Underwood

A year after winning American Idol, Underwood graduated magna cum laude from Oklahoma's Northeastern State University with a bachelor's degree in mass communication with an emphasis in journalism in 2006.

## Jon Hamm

Decades before his character Don Draper enthralled fans, Hamm was an English major at the University of Missouri, even briefly teaching middle school after graduation.


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metro

# The personality picks the profession

**Psychological success.** The authors of Do What You Are encourage young job seekers to mix their character with a career

LAKSHMI GANDHI
Metro World News

The search should be just as much about your inner self as it is about your outer skills. ISTOCK

On the surface, the advice that young people should select careers that fit their personalities seems obvious, but a quick look at the stats reveals that it's anything but.

A survey released last year by Gallup revealed that nearly two-thirds of employees from over 180 countries reported that they were "not engaged" at work and that a mere 13 per cent of employees currently feel passionate about their work.

None of the figures are surprising to Paul Tieger. For over 30 years, the question of how people can find the right career path for themselves has fascinated Tieger and driven his own career and work.

Along with Barbara Barron and his millennial-aged daughter Kelly Tieger, the author has just released the fifth edition of the book Do What You Are: Discover the Perfect Career for You Through the Secrets of Personality Type, which is geared towards the current generation of professionals.

"When you are doing something that is not about who you are, that's a prescription for burnout," says Tieger.

"We believe through lots of experience that the most important thing is to pick a job and career that matches your personality," he continues. "Values, interests and skills are likely to change over time, but personality will not."

To that end, the book provides detailed exercises and examples to help guide readers towards the perfect career for them. Both Paul and Kelly Tieger say that it's particularly important for younger professionals — the so-called millennial generation — to be aware of their personalities and unique needs when deciding what to do next in their professional lives. They share these tips on how to find what's right for you:

### Ignore the 'trendy jobs'

"It's a difficult economy, so it can be hard to buck the trend," notes Kelly Tieger. But while considering the current so-called trendy jobs, it's also important to be realistic. "Think of the typical artistic type," says Paul Tieger. "Those people really need to be true to themselves. The key is understanding what your strengths are."

**Know thyself**

**The more you know your personality, the better, say the Tiegers.**

- Career changers who want to discover their exact personality type and profile can take a quiz at personalitytype.com/dowhatyouare.
- And don't fret. "Just because you are creative doesn't mean that you are doomed to never make money," says Kelly Tieger. It just means that you creatively have to find the right path for yourself.

He notes that people who know that they would stress out in environments with tight deadlines should gravitate towards fields where they can give themselves the time and space they need.

### See if you can make a lateral move

If you are certain that your current department or environment isn't working for you, see if you can make a lateral move within your organization, advises Kelly Tieger. Applying for a different position may not make a difference in your salary, but it will greatly enhance your quality of life.

### Start early

If possible, the Tiegers say that you should examine fields that suit your personality as early as college. "Most people are asked to pick a college major when they are 19," says Paul Tieger. "And most people don't have a clue at that age. But you're probably not going to get someone who is philosophical and artsy to go on Wall Street."

CAREER FINDER

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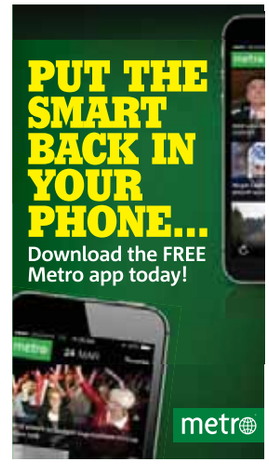


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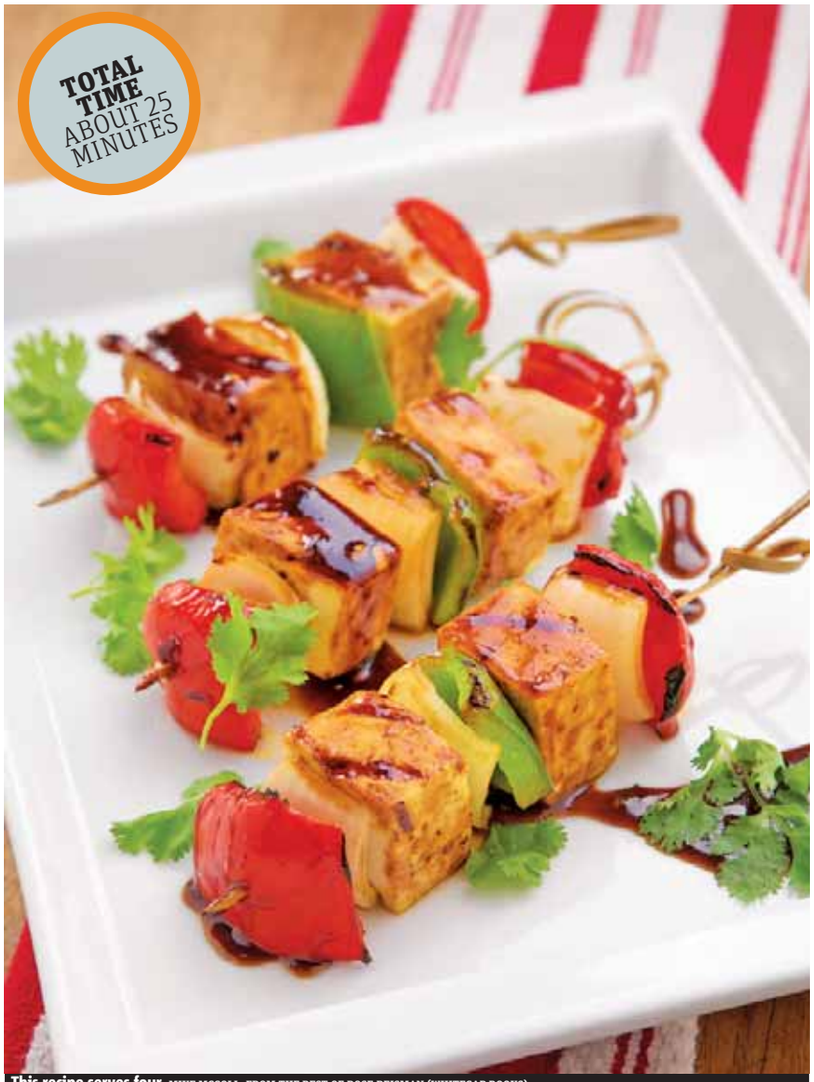
# Tofu and Veggie Satays with Black Bean Hoisin Sauce make it a meatless Monday




**This recipe serves four.** MIKE MCCOLL, FROM THE BEST OF ROSE REISMAN (WHITECAP BOOKS)

**ROSE REISMAN**
For more, visit rosereisman.com or follow her on twitter @rosereisman

**FLASH FOOD**

From your fridge to your table in 30 minutes or less

I love chicken, beef and shrimp satays, but if you're a vegetarian or you just want a healthy alternative for protein, try these tofu satays.

Tofu is a form of soybeans that is made by curdling soy milk and then being pressed into a sliceable cake. There are a few choices when it comes to tofu. Your best bet is to buy firm tofu because medium tofu is too soft and the extra firm too tough.

Once opened, cover unused tofu with water in a container and refrigerate for up to three days.

A four-ounce (half a cup) serving of firm tofu contains only 120 calories, seven grams of fat and as much calcium as an eight-ounce (one cup) serving of cow's milk. Compare this to beef, which has more than 200 calories and 15 grams of fat per four-ounce serving.

Health-wise, tofu is known the lower the risk of heart disease, certain cancers, Type 2 diabetes, and obesity.

Flavour-wise, tofu absorbs whatever flavours it's cooked with, which makes it versatile.

When grilling, be sure to cook on a medium heat so you don't char the tofu or vegetables which can cause carcinogens.

Feel free to substitute the vegetables of your choice and adding a fruit such as mango, papaya or peach would be delicious.

## Directions

**1.** Thread bell peppers, onion and tofu alternately on 4 long or 8 short wooden or metal skewers, dividing the vegetables evenly among them. (If using wooden skewers, soak them for at least 20 minutes in water before using them.)

**2.** Sauce: Whisk the hoisin sauce, sugar, black bean sauce, low-sodium soy sauce, sesame oil, freshly minced garlic and ginger in a bowl until smooth.

**3.** Spray a barbecue or a nonstick grill pan with cooking oil and heat to medium.

**4.** Grill the Tofu and Veggie Satays with Black Bean Hoisin Sauce, turning occasionally, for 10 minutes or until browned on all sides.

**5.** Brush half the sauce over the satays and continue cooking, turning occasionally, for another 10 minutes or just until the vegetables are soft. Garnish with cilantro and serve with the remaining sauce on the side.

THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN

### Ingredients

- 1 large green bell pepper, cut into 16 squares
- 1 large red bell pepper, cut into 16 squares
- 1/2 sweet onion, cut into 16 pieces
- 12 oz firm tofu, cut into 16 cubes (2-inch squares)

**Sauce**

- 1/4 cup hoisin sauce
- 1/4 cup packed brown sugar
- 5 tsp black bean sauce
- 5 tsp low-sodium soy sauce
- 1 tbsp sesame oil
- 1 1/2 tsp minced fresh garlic
- 1 1/2 tsp minced fresh ginger
- 1/4 cup chopped cilantro or parsley

### Nutritional information

**Per serving**

- **Calories.** 240
- **Carbohydrates.** 38.7
- **Fibre.** 5.3 g
- **Protein.** 9.9 g
- **Total fat.** 7 g
- **Saturated fat.** 1 g
- **Cholesterol.** 0.5 mg
- **Sodium.** 501 mg

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# Stuffing the 'steak for vegetarians'

If you're looking for the perfect side dish or main vegetarian meal, portobello mushrooms come to the rescue. These hearty mushrooms are known as "steak" for the vegetarian. Stuffed with a delicious combination of spinach, goat cheese and baby spinach, this recipe is a satisfying meal.

**1.** Spray a baking dish with vegetable oil.

**2.** Combine egg and milk. Dip portobellos in egg wash and then in the bread crumbs. Spray mushrooms with oil.

**3.** Place in 400 F (200 C) oven for 15 minutes. Remove from and set the oven to broil.

**4.** Meanwhile, in skillet, heat oil and sauté onions until softened. Add garlic and chopped mushroom stems and cook 5 minutes until tender. Add peppers and spinach and cook until wilted, 2 minutes. Add Parmesan, olive oil and olives. Divide over top of mushroom caps and dot with cheese. Broil 1 minute, just until goat cheese is browned.

ROSE REISMAN

### Ingredients

- 1 egg
- 2 tbsp 2% milk
- 4 medium portobello mushrooms (stems removed)
- 1/2 cup seasoned dry bread crumbs
- 2 tsp vegetable oil
- 1 cup finely chopped onions
- 2 tsp chopped garlic
- 1/2 cup finely chopped mushroom stems
- 1/2 cup finely diced red bell pepper
- 3 cups fresh baby spinach
- 1/4 cup grated Parmesan cheese
- 2 tsp olive oil
- 3 tbsp chopped black olives
- 1/3 cup crumbled goat cheese

**France 3, Honduras 0**

## Benzema a force to begin tourney

Karim Benzema scored twice and created a third that was confirmed by goal-line technology as France beat Honduras 3-0 Sunday in its first World Cup match.

The dominant win was a relief for France, whose team of highly paid players failed to win in South Africa and was sent home in a disgrace after going on a training strike.

"Winning 3-0 at a World Cup isn't easy," France coach Didier Deschamps said. "(The players should) savour the moment, there's nothing more wonderful."

THE ASSOCIATED PRESS

**Switzerland 2, Ecuador 1**

## Swiss earn comeback win in stoppage time

Switzerland grabbed a winner with virtually the final kick to earn a 2-1 victory over Ecuador in the World Cup on Sunday, extending a run of come-from-behind wins that are becoming a theme of the tournament.

With just seconds left in the third and final minute of stoppage time, substitute Haris Seferovic finished off a length-of-the-field move by slamming home a close-range shot. After wild Swiss celebrations, Ecuador's shell-shocked players barely had time to restart before the final whistle was blown.

It was the fifth time in the first nine matches in Brazil that a team had come from a goal down to win — but this was the most dramatic of all the comebacks.

THE ASSOCIATED PRESS

Argentina's Lionel Messi scores against Bosnia in Rio de Janeiro on Sunday. VICTOR R. CAIVANO/THE ASSOCIATED PRESS

# Leo powers Argentine machine past Bosnia

**World Cup.** Messi's 65th-minute goal proves to be difference in Group F match

It took Lionel Messi just over an hour in Argentina's World Cup opener against Bosnia-Herzegovina to show why so many fans consider him the best in the world.

After a frustrating first half, the Argentina captain scored in trademark style in the 65th minute on Sunday night, completing a quick 1-2 connection with Gonzalo Higuain and running through defenders before striking a brilliant left-footed shot off the post.

The goal — only the second for Messi on football's biggest stage — set off wild celebrations among the throngs of Argentine fans that had turned the famed Maracana stadium into a sea of blue and white. It also energized an unimpressive Argentina team that was ahead at that point only because of an early own goal by Bosnia.

Vedad Ibisevic scored a close-in goal in the 85th, but Argentina held on to win 2-1 in the Group F match.

"It's the first game, I was anxious, nervous," Messi said. "It was important to start with a win. We've got to improve certain things, but it was important to start with the three points."

Bosnia got the worst possible start to its first World Cup when Sead Kolasinovic scored an own goal after just three minutes.

Messi sent a free kick from the left flank into the penalty area that Marcos Rojo barely touched before the ball bounced off Kolasinovic's foot into Bosnia's goal.

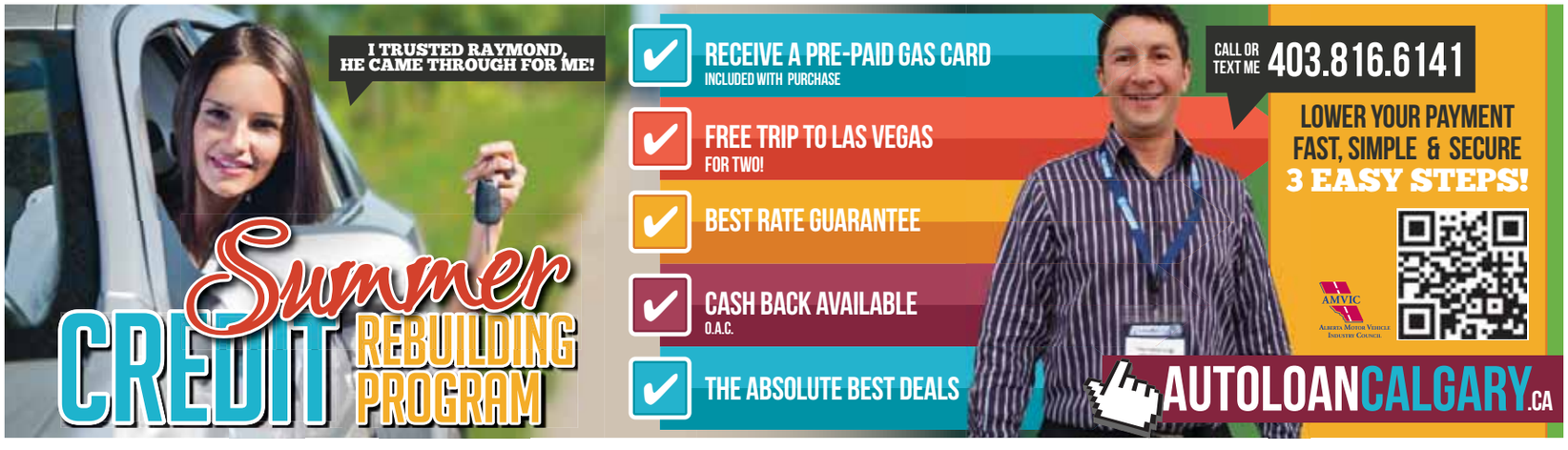
THE ASSOCIATED PRESS

**Standoff in Rio**

**A Brazilian police officer can be seen on an Associated Press video firing what appears to be a live pistol round at anti-World Cup protesters Sunday near Rio de Janeiro's Maracana soccer stadium.**

- During the small but violent protest, another man in plainclothes who identifies himself as a police officer also pulls a pistol and fires two shots into the air near the stadium.

4 SPORTS



Scan the image to view a gallery of the Stanley Cup celebrations in Los Angeles

# Spurs' Big 3 thwarts Heat's 3-peat bid

**NBA Finals.** San Antonio wins its fifth title after wrapping up series in five games

From their low moment in the NBA Finals, back to the top of the league.

The San Antonio Spurs turned the rematch with the Miami Heat into no match at all.

The Spurs finished off a dominant run to their fifth NBA championship Sunday night, ending the Heat's two-year title reign with a 104-87 victory that wrapped up the series in five games.

A year after their heart-breaking seven-game defeat, their only loss in six finals appearances, the Spurs won four routs to deny Miami's quest for a third straight championship.

"Hard to believe, isn't it?" Manu Ginobili said. "We played at a really high level."

Finals MVP Kawhi Leonard had 22 points and 10 rebounds for the Spurs, who added this title to the ones they won in 1999, 2003, 2005 and 2007. They nearly had another last year, but couldn't hold off the Heat and lost the final two games.

**Bright future**

**"Right now, it's just surreal to me.... I have a great group of guys behind me."**

**Spurs forward Kawhi Leonard** on being named the NBA Finals MVP

**Game 5**

| Spurs | Heat |
|---|---|
| 104 | 87 |

San Antonio rebounded from an early 16-point deficit by outscoring the Heat 37-13 from the start of the second quarter to midway in the third, kicking off the celebration the Heat cancelled last season.

"We remember what happened last year and how it felt in that locker-room and we used it and built on it and got back here and it's amazing," Tim Duncan said. "It makes last year OK."

LeBron James had 17 first-quarter points to help the Heat get off to a fast start. But it wasn't enough. He finished with 31 points and 10 rebounds for the Heat, who lost their spot atop the NBA.

"They played exquisite basketball this series and in particular these last three games and they are the better team. There's no other way to say it," Heat coach Erik Spoelstra said.

The Spurs won four titles in nine years, but hadn't been back on top since 2007.

Tim Duncan and coach Gregg Popovich have been here for all of them, and it was the fourth for Tony Parker and Ginobili, who with Duncan are once again the reigning the Big Three in the NBA.

"Just a great team and we do it together," Parker said.

THE ASSOCIATED PRESS

Kawhi Leonard of the San Antonio Spurs celebrates after being named the MVP following Game 5 of the NBA Finals against the Miami Heat on Sunday in San Antonio. The Spurs won 104-87. CHRIS COVATTA/GETTY IMAGES

# MLB. Navarro, Happ help Blue Jays get even with division rival Orioles

Home-field advantage hasn't taken hold this season for the Baltimore Orioles, especially when Chris Tillman is on the mound.

The Orioles wasted a fine pitching effort by Tillman and lost to the Toronto Blue Jays 5-2 Sunday, leaving Baltimore with an unsatisfying split of the four-game series.

The defeat dropped the Orioles 4-1/2 games behind the first-place Blue Jays in the AL East and dropped their record at Camden Yards to 16-17.

Baltimore went 5-5 during a homestand against Oakland, Boston and Toronto.

Tillman (5-4) allowed three runs and eight hits in seven innings. He's 0-4 with a 2.78 ERA at home and 5-0 with a 6.33 ERA on the road.

J.A. Happ pitched effectively into the seventh inning and Dioner Navarro had three hits and two RBIs to help the Blue Jays forge a split.

"It means a lot," Navarro said.

"It's a good series in general. We made some good plays, we got some clutch hitting," Toronto slugger Jose Bautista added. THE ASSOCIATED PRESS

Jays pitcher J.A. Happ throws to an Orioles batter Sunday. GETTY IMAGES

**NBA**

## Knicks hope to hold on to Melo

Carmelo Anthony wanted New York, and the Knicks wanted him. Now, a little more than three years after the trade that brought them together, Anthony could decide to leave.

The Knicks would like him to stay, but they realize he will have some appealing options if, as expected, he tests free agency.

"I would love to have the opportunity to work closely with Carmelo," said new Knicks coach Derek Fisher.

THE ASSOCIATED PRESS

**Rugby**

## Canada loses tight battle with Scots

Canada may have been within a couple of points of knocking off a Tier 1 rugby team Saturday, but there was no celebrating in the Canadian locker-room.

A controversial penalty in the dying minutes made sure of that.

The Canadians dropped a 19-17 decision in an international Test match at BMO Field to Scotland — a country that sits a full eight positions higher than them on the world rankings.

THE CANADIAN PRESS

# Kaymer dominant in winning U.S. Open

Martin Kaymer reacts after winning the U.S. Open on Sunday in Pinehurst, N.C. STREETER LECKA/GETTY IMAGES

Martin Kaymer returned to the elite in golf with a U.S. Open victory that ranks among the best.

A forgotten star for two years while building a complete game, Kaymer turned the toughest test of golf into a runaway at Pinehurst No. 2 on Sunday to become only the seventh wire-to-wire winner in 114 years of the U.S. Open.

Kaymer closed with a 1-under 69 — the only player from the last eight groups to break par — for an eight-shot victory over Rickie Fowler and Erik Compton, the two-time heart transplant recipient and the only player who even remotely challenged the 29-year-old German.

So dominant was Kaymer that no one got closer than four shots over the final 48 holes.

Only a late bogey kept Kaymer from joining Tiger Woods and Rory McIlroy as the only players to finish a U.S. Open in double digits under par. He made a 15-foot par putt on the 18th hole, dropping his putter as the ball fell into the centre of the cup, just like so many other putts this week.

"No one was catching Kaymer this week," Compton said, who closed with a 72. "I was playing for second. I think we all were playing for second."

THE ASSOCIATED PRESS

**Pulling away early**

**65**

Martin Kaymer set the U.S. Open record with back-to-back rounds of 65 to set the pace at 10-under 130 through Friday.

## Kings return to the throne

London, Ont.'s Drew Doughty celebrates the Los Angeles Kings' Stanley Cup-clinching Game 5 win over the New York Rangers on Friday night in Los Angeles. "Next year, we're going to want to win it again," Doughty said Friday night after the Kings' double-overtime victory. With two NHL championships in three years, the Kings are building a hockey dynasty in an unlikely place. CHRISTIAN PETERSEN/GETTY IMAGES

## Horoscopes

### ♈ Aries
**March 21 - April 20**
The Sun remains in the communications area of your chart until the 21st, so if there are things you need to say it might be best to say them now. Avoid confusion by making sure your words are simple.

### ♉ Taurus
**April 21 - May 21**
Money matters will take up a lot of time today. It may all seem trivial but you must take it seriously. The more financial loose ends you tie up now the more fun you can have later on.

### ♊ Gemini
**May 22 - June 21**
The last few weeks have been enjoyable and there's no reason why the next few days should not be fun as well. However, with Mercury, your ruler, moving retrograde some issues need to be taken seriously.

### ♋ Cancer
**June 22 - July 23**
Do you have a clear idea of your long-term ambitions? If not you would be wise to get your thoughts in order over the next few days. Vague daydreams won't come true.

### ♌ Leo
**July 24 - Aug. 23**
Be careful you don't let slip any personal information today or you could find it being used against you by a rival. Sometimes you can be too trusting for your own good.

### ♍ Virgo
**Aug. 24 - Sept. 23**
When the Sun moves into one of the more positive areas of your chart next weekend you can speak up and let powerful people know why you oppose them. For now though you are advised to bite your tongue.

### ♎ Libra
**Sept. 24 - Oct. 23**
Make the most of the Sun's last few days in your fellow Air sign of Gemini to do the things you really enjoy. When the Sun changes signs on the 21st you will find yourself loaded down with new responsibilities.

### ♏ Scorpio
**Oct. 24 - Nov. 22**
Get your financial affairs in order. If you need to cut costs then do what has to be done, even if it affects your quality of life in the short-term.

### ♐ Sagittarius
**Nov. 23 - Dec. 21**
You may be tempted to bring a partnership of some kind to a close but don't be too hasty. The planets indicate there is life in it yet, so hang in there and find ways to make it work.

### ♑ Capricorn
**Dec. 22 - Jan. 20**
You'll have to accept more of a supporting role over the next few days. Capricorn is a cardinal sign, which means you like to take the lead, but sometimes it's better to let others take responsibility.

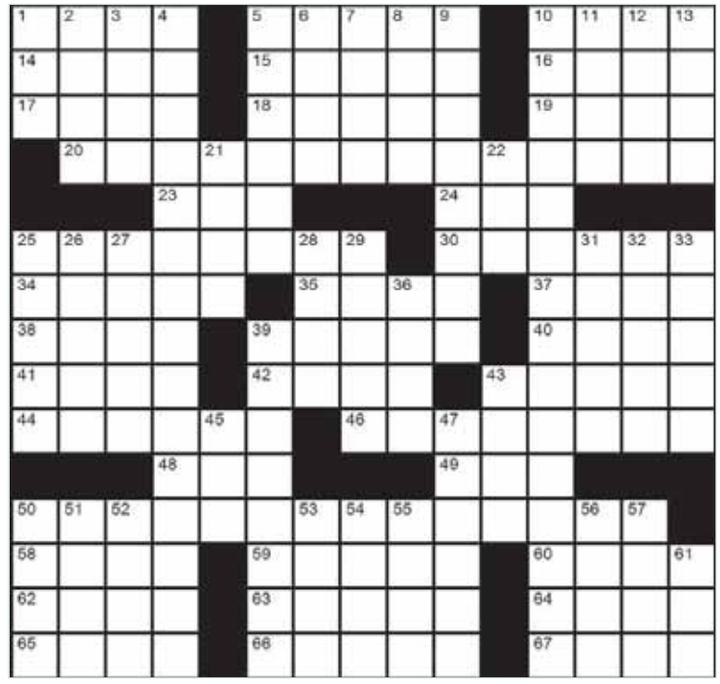
### ♒ Aquarius
**Jan. 21 - Feb. 19**
When the Sun changes signs next weekend your workload is likely to increase so the fewer things you have on the go now the better. Cut back on commitments and take a break.

### ♓ Pisces
**Feb. 20 - March 20**
You have so much to look forward to so why are you still looking back and lamenting what might have been? Whatever the reason you need to snap out of it or you may not even notice new opportunities. Be positive. **SALLY BROMPTON**

## Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



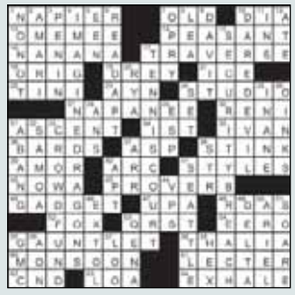
**Across**

1. Iridescent gem
5. Linguist Mr. Chomsky's
10. Was there
14. Orchestra standout
15. Take apart the Hoover, say
16. Antarctica's Prince __ Coast
17. "Star __"
18. Hence...: 2 wds.
19. Road style
20. 'Vancouver's First Lady of Jazz' - Trailblazing singer/actress whose many credits include hosting her own weekly variety show on the CBC: 2 wds.
23. Canadian engineering group, _ _ _-Lavalin
24. Funny! __-hee!
25. Margaret Laurence novel, the 1974 Governor General's Award for Fiction winner, The __
30. Greek Myth: Queen of Troy
34. British novelist Ms. Bagnold's
35. Prefix to 'ferous' (Conveying air)
37. Therefore
38. Postpaid mailing encl.
39. Novelist/poet Elinor (b.1885 - d.1928)
40. "That's fine then.": 2 wds.
41. Fast food titan Ray
42. No: German
43. Trim
44. __ lights (Movie premiere sights)
46. "Definition", for one: 2 wds.
48. Tit-for-__
49. Pasta names suffix
50. Serena Ryder hit: 4 wds.
58. __-hoop
59. Like a TV series airing this very minute: 2 wds.
60. Sea eagles, variantly
62. Awestruck
63. Queen: Spanish
64. Particle
65. Carry
66. Ms. Sagal
67. Detect

**Down**

1. Baseball great Mel
2. Genuine
3. Brother of Cain
4. Summery retreat as in The Muskokas in Ontario: 2 wds.
5. Fine difference
6. "Step __ __ pets." (Furry friends palindrome)
7. Env. info
8. Fem. opposite
9. Made-in-a-blender beverage
10. Some antique store purchases: 2 wds.
11. Half of a Basque court game
12. Music: Manfred ___
13. Garden of Eden lady, and namesakes
21. Ms. Jillian's
22. Jeans brand
25. Office furniture pieces
26. "__ __ economy is always beauty." - Henry James
27. Tennis player's topper
28. Showbiz performer Martha
29. Bud __, MLB Commissioner
31. "Yup."
32. Good, in Genoa
33. Lopsided
36. Actress Ms. Morelli
39. "Come Dine with Me Canada" airer, _ __
43. Actor Sean
45. Actress Ms. Ling
47. Fairgrounds section
50. "Come again??"
51. Men's label, __ Boss
52. Commonly: 2 wds.
53. Vitamins brand, __ _ Day
54. Building block
55. Sole
56. Fall
57. Catch __ ('Get')
61. Prepared

## Friday's Crossword



## Sudoku

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

**Friday's Sudoku**

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 8 | 1 | 3 | 9 | 4 | 6 | 5 | 2 |
| 4 | 9 | 3 | 5 | 2 | 6 | 1 | 8 | 7 |
| 2 | 6 | 5 | 8 | 1 | 7 | 9 | 4 | 3 |
| 9 | 7 | 4 | 6 | 8 | 2 | 5 | 3 | 1 |
| 3 | 1 | 6 | 7 | 4 | 5 | 2 | 9 | 8 |
| 5 | 2 | 8 | 1 | 3 | 9 | 7 | 6 | 4 |
| 8 | 4 | 7 | 9 | 5 | 1 | 3 | 2 | 6 |
| 1 | 5 | 2 | 4 | 6 | 3 | 8 | 7 | 9 |
| 6 | 3 | 9 | 2 | 7 | 8 | 4 | 1 | 5 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | | 6 | | | 1 | | 5 | |
| | | | | 5 | 3 | | | 1 |
| 5 | | | | 4 | | 8 | | |
| | | 9 | | | | | 7 | |
| | | 3 | 1 | | 7 | 5 | | |
| | 7 | | | | | 2 | | |
| | | 4 | | 6 | | | | 5 |
| 2 | | | 8 | 1 | | | | |
| | 5 | | 3 | | | 1 | | 2 |

## Weather

| TODAY | TUESDAY | WEDNESDAY |
|---|---|---|
| MAX: 14° MIN: 8° | MAX: 13° MIN: 6° | MAX: 16 MIN: 7° |

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**METEOROLOGIST**
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